

Mental Health Board Minutes
San Luis Obispo County
April 18, 2012
3:00 to 5:00pm
2180 Johnson Ave.
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Tyler Brown
Pam Crabaugh
Jill Heuer
Kelly Kenitz
David Riester
Jim Salio
Vicki Shelby for Frank Mecham
Joyce Heddleson
David Odell
Kelly Kenitz

GUESTS:

John Byers (TMHA/PAAT)
Aurora William, DA/AB Member
Wedad Nelson (Citizen)

MEMBERS AND ALTERNATES ABSENT:

Karl Hansen
Lorna Hewitt
Lisa Kelley
Theresa Merkle (*CenCal Health*)
Stephan Ponce
Charmaine Quinlan
Mary Lee Waggoner

MENTAL HEALTH STAFF PRESENT:

Karen Baylor
Jane Ahlquist
Janet Amanzio
Dr. Daisy Ilano

1. **Meeting** was called to order @ 3:00 pm by Tyler Brown, later chaired by David Riester.
2. **Introductions and Announcements:**
 - Kelly Kenitz, of the Sheriff's Department announced that the Bowl-A-Thon raised \$6,000, congratulations and thank you to all who took part in this fund raiser.
 - GEN Silence, GALA event will be held on Saturday, April 29th at San Luis Obispo Public Library.
3. **Citizen Comments:** Citizens are invited to make comments relevant to Mental Health issues at this time. *Wedad Nelson (citizen) asked for information to help her daughter. She was referred to Judy Vick, Patients' Rights Advocate.*
4. **Action Item Re:** March 21, 2012, meeting minutes were reviewed and followed by motion of approval by Jim Salio and seconded by Tyler Brown and unanimously approved by the Board. (MSC: Salio/Brown)
5. **Presentation: Slate of Officers:** David Odell and Jill Heuer served as the nominating committee for officers for the upcoming year. David Odell moved that David Riester, Chair; Tyler Brown, Vice Chair, and Joyce Heddleson, 2nd Vice Chair continue for another term. Motion to accept nominations was made by Jim Salio and seconded by Pam Crabaugh and unanimously approved. Election of officers will occur at our May 16th meeting.
6. **Presentation: by Dr. Daisy Ilano on Recruitment of Psychiatrists**
 - Dr Ilano gave us a brief report on hiring and retaining psychiatrists. Due to the fact that the private sector and state institutions pay more to psychiatrists than the County does, it's hard to recruit Psychiatrists. A majority of our psychiatrists are temporary duty hired through Locum Tenens agencies. At this time, vacancies include

psychiatrists, 1 – out patient adult; 1 – in patient adult; and 2 child psychiatrists for North County and South County.

- It was asked of Dr. Ilano if we ever use “tele-psychiatry,” her answer, was “no.” She feels that tele-psychiatry is not as effective as one-on-one. If we have to use it, we will, but she feels one-on-one, in-person, is much more effective. Dr. Ilion also discussed the potential for using psychiatric nurse practitioners.

7. Director’s Report – Karen Baylor – DHCS Contract

- Karen gave a power point update on the DHCS Contract. She noted that EPSDT and Managed Care were re-aligned this year. The contract period is from March 1, 2012 through December 31, 2012. There are still a number of issues to be resolved.

8. Jail in-mates with mental illness--It was asked of Kelly Kenitz of the Sheriff’s Department about Mental health concerns at the jail. A special problem is presented by residents of Atascadero State Hospital who are incarcerated on assault charges even though they were placed at ASH for restoration of competency. This is a problem just for San Luis Obispo County and Napa County.

9. Committee Reports:

- Legal Services – Jim Salio, chair, will call a meeting of the Legal Services Committee.
- Adult Services – no report.
- Children Services - Pam Crabaugh reported that they met last month and will review the committee’s focus at their next meeting.
- Adult Services Policy Council – Pam Crabaugh reported that May is Older Americans’ Month. They had a presentation from the SLO Commission on Aging, including a presentation on hearing impaired senior citizens, and where they can go to get the help they are seeking.
- Executive Committee – David, Joyce and Tyler discussed interests which the MHB may have in common with the Drug and Alcohol Advisory Board. Tyler and Joyce will attend DAAB meeting tomorrow.

The next Mental Health Board meeting will be Wednesday, May 16, 2012, 3:00pm – 5:00pm on the 2nd floor of the Health Campus.

Jane Ahlquist